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ACID REFLUX / CANCER - Breast / BLOOD PRESSURE / FIBROMYALGIA / DIABETES TYPE2

I had recurrent breast cancer, and was going through my third round of chemotherapy (Taxol and Carboplatin) when I was introduced to Mangosteen Juice in January 2004. I asked my oncologist about the Mangosteen juice, and he said not to take an excess of antioxidants and that I could get all the antioxidants I needed from the "food" I eat. As Mangosteen is a food, I took it but only 2 ounces a day (the maintenance dose) during chemo and radiation treatments. Once I started taking the Mangosteen juice, I had no more nausea and surprisingly, I didn't get a cold or the flu which was going around at that time even though my blood counts were low. I did still experience the severe body aches and fatigue from the chemo, however. Once my therapies were over, I went to drinking 6 ounces a day and I have recovered nicely and I regained my blood counts within 1 month. I have come out of the depression I was in during this recurrence of cancer. I had acid reflux, and had been on Prevacid for the past 5 years. Now I don't need the Prevacid. I also had borderline high blood pressure, which is now normal. I had Fibromyalgia, which is completely gone also. My husband is blind and a type II diabetic and his blood sugars went from the mid 200s to the low 100s on 6 ounces a day (over the period of about a month). He has had problems with a fungal itch all over his body for a long time, and now that his blood sugars are lower, he is finally showing signs of healing from this fungus. I am a believer in drinking the Mangosteen juice for the rest of my life! I feel great!
-Eve H.

ACID REFLUX / FIBROMYALGIA / IBS / HEADACHES / STOMACH PAIN / CRAMPS / SLEEP / ENERGY

I have been afflicted by Fibromyalgia for more than 8 years. I have been on many pain pills, muscle relaxer's and anti-inflammatory. I took all of these before I was introduced to more natural and healthy way a couple of years ago. I started seeing a chiropractor & he started me on different supplements. The Supplements and the adjustments helped but I was still having many painful issues. The issues I was experiencing were severe irritable bowel syndrome, acid reflux, chronic headaches, sore stomach, leg aches, leg cramping, abdominal cramping, sleep disorders

and never having enough energy. I also am dealing with polycystic ovarian disease; from which I was having excessive bleeding and cramping and an irregular monthly cycle. My O.B. told me that this disease is linked to my insulin and the imbalance of my blood. Being young and single you can imagine these problems put a big damper on my lifestyle. My chiropractor, introduced me to Mangosteen Juice 2 months ago. I was very skeptical. I have tried so many vitamin supplements and natural things. But having tried just about everything I figured why not. I started taking Mangosteen Juice and within a couple of days I noticed a difference. My stomach wasn't sore. I didn't have the burning acid coming up the back of my throat. My abdominal cramping and irritable bowls were almost gone, so excitedly, I continued to drink the juice. My chronic headaches began to disappear; I wasn't having all the aches and pains and the leg cramping. Also, my blood was being neutralized and my insulin was balancing as well. My monthly cycle became regular and not so heavy and I wasn't cramping as much. So, I investigated the product. WOW… I couldn't believe that it had Xanthone's and Antioxidants. I went to a seminar to learn more about antioxidants and Xanthone's. It is vital for all the things that I needed to be healthy, but especially because I had Fibromyalgia. I learned that Mangosteen Juice helps neutralize the blood and helps your body to not be so acidic; plus, it is a natural Anti-Inflammatory, a natural anti-fungal, natural antibiotic, natural anti-viral, natural antibacterial, natural anti-depressant, and natural anti-anxiety. I am so thankful that I was told about this product.
-Becky T. - Orem, UT

ACNE

My son has acne. After taking just an ounce per day, it has cleared his acne up. My friend's grandson had acne really bad where his nose doubled up and it looked like he had two noses. He's been on the juice and it has cleared up in a matter of a month by taking an ounce per day.
-Margaret L.

ADD

My name is Donna and I wanted to share with you the miraculous results regarding our daughter. A friend of Mark my husband, told him about Mangosteen juice at the Health Club (Dave M.) as he goes there every morning. Our daughter has been on Ritalin 10mg for 11 years. She is now 17!!! We started to take the juice in February, us twice a day, and, our daughter, 3 times a day. In March, we tried to take her off her medication but she had the same "flares" and temper tantrums she would have when the medicine wore off. Nevertheless, we kept taking the Mangosteen juice! In July, we were reminded of the devastating effects of continued use of Ritalin. She stopped taking it right then, and was the person I prayed for years. She makes such supernatural effort to do well in school and never had another outrage like she used to. She is the most fun person to be with and being herself has made the difference in the way she feels inside. We read about Mangosteen juice how it impacts the brain and that it could work on ADD, but did not have any testimony about it really working (not at that time). It is a miracle! It took a little longer to work because of the 11 years of continued use of drugs!!! My husband and I no longer wait for anything to go wrong with us to take Mangosteen juice; we just turned 50 and take it instead of

all the chemicals and unnatural vitamins. We tell all our friends about it, and then it is up to them to Enjoy health or keep taking drugs-medications. We love our Mangosteen juice!!!
-*Donna F.*

ACNE

For the past 8 years' acne, has had a grip on my life. I've tried glycolic acid, lactic acid, salicylic acid. Chemical peels, facials, microdermabrasion, masks, serums, creams, pastes and powders (just to make a few). I earned a license in Esthetics, removed all metal fillings from my mouth and have drastically changed my diet numerous times in hopes of uncovering the secret to my skin problems. Thousands of dollars and many years later my breakouts are still persistent and unpredictable. Social isolation, a feeling of hopelessness and many tears are just a few of the side effects associated with chronic acne.

The first time I tired Mangosteen nutrition was on a day like most others. I examined a moderate breakout around my mouth and jaw line along with very dry cheeks. I stared using the product on a Friday morning and to my amazement started seeing results within the first 24 hours. My skin felt calm, nourished and for the first time in a long time…it felt GOOD! Today my skin has no flaky dryness and my breakouts have cleared by approximately 85%. It has only been 4 DAYS!!!! That's right, today is Tuesday and I am filled with joy and excitement. I am thrilled with my results and simply can't wait to see what the future weeks and months will hold for me and my skin. Thank you Mangosteen for the most effective skin care product that I have ever used!

-*Jayden Mcleod's Story*

ACNE

My name is Kami Herring and I not only use the Mangosteen oil in my hair and loved how smooth and shiny it makes it feel but I have had recent episodes with adult acne (for about the last 6 months).

I've been using Mangosteen skin nutrition and love nut was never able to get rid of my acne. Since adding Mangosteen oil mixing it with my moisturizer and sometimes putting nothing on my face but the oil, my acne is almost completely gone.

You have no idea how happy I am. With all the bugs and mosquitoes out here I also had a few bites on my arm that wouldn't stop itching; to those bites I applied Mangosteen oil and the itch instantly went away and hasn't itched since. Of course, I now apply Mangosteen oil to all the bites on my 2-year-old. The oil is priceless.

-*Kami Herring's Story*

ADD / DEPRESSION

My 17-year-old son (ADD) and I started using Mangosteen juice 2 months ago. I have ADD that I discovered 3 years ago that has affected many aspects of my creative & productive life. I have found the clarity and focus profound that Mangosteen juice gives me. For the past 3 years, after trying a variety of traditional ADD meds (stimulants & antidepressants) – as well as many alternative medical modalities for ADD including many different Amino Acids, nutritional supplements and vitamins etc., there is not a medication or supplement that creates more energy, focus and clarity of my mind than Mangosteen juice! Here is a real testimonial repeated on an off Mangosteen juice. I'm a single parent and I recently went with my son on a 9-day Caribbean cruise to celebrate all the hard work he had put in this past year. On ship, I planned to share some real connection time when homework and activities would finally not interfere. I only brought a few bottles of Mangosteen juice, and when a fellow traveler was having tremendous pain in his neck following neck surgery a few weeks earlier, I offered him a bottle. Because we were in short supply, my son offered to not take any & I rationed mine. I personally had less energy on the cruise when I was just relaxing, than my full days when I often work until 1-2 AM getting personal projects done. My son on the other hand had a different experience. His attitude soured, he had little appreciation, & patience that had been present before. His adolescence showed and the interactions between us were less than optimal. (He had left his ADD meds at home). Within 24 hrs. of returning home my son was quite stressed considering the tests and work he had missed, even though he had done quite a bit homework on the ship. We returned to our usual home lifestyle, including taking Mangosteen juice and vitamins regularly. Within 24 hrs., even before he went back to school, I noticed an abrupt change in his behavior as he calmed down, the stress was decreased, and his relationship with me was back to normal! I found this interesting and put it in the back of my mind. I had a concern how the Mangosteen juice was interacting with the homeopathic treatment for my ADD so my physician and I decided to stop it for 4-5 days and reevaluate me, but not until I returned from a six-day workshop with Tony Robbins as I knew I'd need it for focus. We were in the workshop form 9 AM until MN for the next 6 days. (Thank you Mr. Mangosteen for the energy to keep up with Tony's hrs.)! My son had been leaving me very "loving" messages while gone, so when I called the day before returning home, I suggested he STOP the Mangosteen juice. When I returned home, the loving son had left, being replaced by the anxious adolescent from the cruise ship. Over the next 4-5 days, I was a little more on edge, & I was VERY distracted & the least focused I'd been in 3 years on NO meds for my ADD. My son on the other hand was angry, argumentative, impatient, impulsive – sounds like my 17-yr. old untreated son with ADD. It was an interesting 4 - 5 days, and I tried everything to create harmony. I saw the testimonial BELOW, reflecting the short time for Mangosteen juice to take effect, so when he returned from school, I greeted him at the door and said DRINK, our test is over. I left the house for 2 hrs. to run errands, and had not really told him the test was still on. When I returned home, I went down to find my son and I tried to engage him and "get in his face" and all I could get was a smile and no reaction. Now the test was really over. Mangosteen juice had won! Here's the part I haven't shared. I'm a physician, board certified in Internal Medicine and have practiced Wellness and Alternative Medicine with an emphasis on prevention for 25 yrs. I have read the science behind the Mangosteen and have not seen anything as profound in my 25 years that is as safe and can have such an impact on such a variety of health conditions from elimination of cancer, to lowering blood sugar, serum cholesterol, and blood pressure. The treatment of extreme inflammation as well as acute and chronic pain is profound as well as the treatment of autoimmune conditions, Parkinson's,

Alzheimer's, Hepatitis, headaches and a variety of other conditions. Considering 75% of our population will unfortunately die from cancer and heart disease, EVERYONE should be on Mangosteen juice, unless they want to enjoy heart disease, cancer, Alzheimer's and all the chronic diseases from oxidation that afflict our society costing far more than Mangosteen juice.
-Dr. Les B. MD, F.A.C.P.

ADD / ACNE

My daughter is now 20 years old and had been on medication for ADD since she was diagnosed at 7. It helped her tremendously, but we were always concerned. She had trouble gaining weight, she was noticeably irritated when she didn't take it as an adolescent and she decided to stop at 15 and went into a severe depression. Luckily, we worked things out and she began again on meds. Last Jan (07) she came and said she wanted to stop. She is in college with a rigorous schedule and she is a nutrition major. We discussed what to keep in mind when looking at the effects of not being on meds and she began taking Mangosteen juice regularly in the am and pm. She is doing great and able to focus and work for long hours and is quite content and happy (most important!). During the time, she was on meds we had occasional fainting that ended up being related to mitral valve prolapse. Nothing severe, but we do check her heart regularly; especially now that there have been warnings issued in regard to the medications used for ADD.
I also have an older daughter that had trouble with acne for many years, had been on Accutane twice (we couldn't find any other resolution) and finally tried Mangosteen juice and her skin has become beautiful again. We are true believers!! Try it, it can't hurt!
-Halette J.

ADHD / ADD

I give the juice to my 6-yr. old daughter with ADHD and my 12yr. old daughter with ADD. I've seen great results with both of them. They are both on 3 oz. a day. One ounce in the morning on an empty stomach; one ounce in the afternoon when they get home from school; and one ounce 15 minutes before dinner or 30 minutes after dinner. They have both improved with focus and their grades have also improved since drinking the Mangosteen juice. My daughter will start zoning and get cranky and tired, and as soon as I give her a shot of the juice she perks up and her attitude improves.... We will never be without this juice!
-Jim K

ADHD

I give 1 oz. to my 4-year-old granddaughter who seems to have ADHD (her mom is diagnosed & on meds) but is not officially diagnosed. I find that the juice calms her down (tendency toward hysterics and temper tantrums) and increases her attention span. Before the juice, all guided activities were limited to 2-3 minutes and that was a challenge. When she's on the juice consistently, she has an excellent appetite, visits (conversational), she can sit and color for 15 minutes, plays with building blocks and erector sets (before she'd simply run laps through the

house pushing a doll stroller or jump off the couch, stairs, etc.). She even takes naps! Mom couldn't believe it, until she started on the juice for herself. Mom needs about 4oz/day, but it helps her be able to 'ride' a train of thought to a conclusion, plus reduces Mom's anxiety. Mom loves not having bad side effects. Good stuff -- try it, but be consistent.
-*Lesley K.*

ADHD

For many years, my youngest son was on Ritalin just to maintain some focus in school. Results included severe depression after many years of use. About 20 months ago he was introduced to Mangosteen juice and within a half hour (and that may be stretching it) he was feeling uplifted, more like himself and as a 17-year-old, admitted it actually helped. He started a regular regime of Mangosteen and we have not filled a Ritalin prescription since! As long he maintains his juice intake he remains even tempered and is able to manage all of his other things in life. We are relieved he has ended the Ritalin cycle and he is relieved to have a natural assist with Mangosteen. I would urge anyone who medicates ADHD to give this a try, along with anyone dealing with depression.
-*Cathie A.*

ADHD

I have a child who is a long-term ADHD Ritalin user that is now totally into taking Mangosteen with good results. While an adolescent, keeping him on meds has been a challenge to say the least. The good part is he doesn't like to take meds. The bad part is he needs something to assist him with focus and emotional upheavals associated with the disorder. For the past month, he has been using Mangosteen and been especially leveled out, and has found he is maintaining attention in school. He is exhibiting less frustration in his life and is not experiencing the highs and lows associated with Ritalin use. My son is a big guy, 6' and 210, so he starts his day with about 2 ounces of Mangosteen on an empty stomach. It appears that he is also taking another ounce or two later in the afternoon some days. Additional benefits for this adolescent include improved moods following quite a bout of depression and improving sleeping patterns. Huge bonus at this time in his life…. BTW, we've been dealing with this now for 10 years. I don't know how this will work for you, but suggest you try it— you may like the results!
-*Cathie B.*

ALLERGIES / MIGRAINES

I too have had many airborne allergies and migraine headaches. Since using [Mangosteen-Juice], I and my daughters have not had one migraine headache, do not sneeze or have itchy eyes in hay fever season and have had many other improvements that were unexpected. There are no interactions with any drugs or medications. However, if you are hyper-sensitive, start with one oz. three times a day with meals, and increase to two oz. three times a day. Be sure to drink a lot of water with this and stick with it. This seems to be the best advice I've been able to collect.

Good luck.
-Betsy K.

ALLERGIES / CHOLESTEROL / WEIGHT LOSS

In 1995 I came down with Chemical Allergies. I couldn't be around anything that had a fragrance. Everything in my house that had a smell had to go, like deodorant, hair sprays, perfumes, soaps, washing power and so on. I had to put a sign on my door to keep people out that even had fabric softer in their clothing. I got to the point I couldn't go to any one's house or go to church. I was a prisoner in my own home. I took shots, tried everything anyone would tell me about and spent thousands of dollars for no change. My outing was to go to the store, stay away from everyone and hold my breath when I got close to the washing power isles. Even though I would hold my breath my noise would steal burn but I wouldn't cough. When I heard about the Mangosteen juice I was told it may lower my Cholesterol because I couldn't take the medication to lower it. Well I started taking 2 oz. a day, one in the morning and one in the afternoon. After being on the juice for 6 days I had to go to the store, I held my breath as I had done for so long and walked passed the washing power. To my surprise my nose didn't burn, so I walked back and smelled the air, no burning and no coughing. That was January 2004, I can go anywhere I want now and never get sick with anything. My Cholesterol is great, and I lost 32 pounds in 6 months without even trying. The Xanthone's in the Mangosteen seem to know just what to fix in our bodies. I Will never get off MY MANGOSTEEN.
-Frances W.

Allergies / Back Pain – Eyesight – Thyroid – Headaches

When I first heard about [Mangosteen juice] I was very skeptical that it could have health benefits in so many different areas. However, I bought a bottle and my husband and I started drinking 2 ounces a day. My husband had the first results. First his back pain disappeared and then his eyesight improved.

Next, he related to me that he could see detail on things that were before only blurry from a distance. Later, [Mangosteen juice] cleared a patch of dry skin on his face. All his previous attempts to heal this skin on his face had failed, but [Mangosteen juice] turned it around in about a month.

I had been having trouble trying to get my thyroid regulated and after two weeks on the [Mangosteen juice] noticed that I felt normal again. At that point, I decided to try it on my 8-year-old son. He has a condition called sensory integration dysfunction and I figured it couldn't hurt! I had forgotten about was his migraine headaches. After taking the [Mangosteen juice], they disappeared. I only realized it was the [Mangosteen juice] when he came home from school one day with a headache. It was then I remembered I hadn't given it to him that morning.

The two days I went without it I noticed my allergy symptoms reappeared. I didn't really notice that were gone before that. I think most people notice what is bothering them, not the symptoms that are gone. My old sons' allergy symptoms returned as well. [Mangosteen juice] has made an

impact in all four of our lives. I am sure it is helping us in so many ways we don't even know! We are thrilled that we have found Mangosteen juice!

-*Kelly Y.*

Allergies/Asthma

My name is Wayne Ellis and I have 2 (two) sons. My ex-wife is an insulin dependent diabetic and due to complications during pregnancy both boys were born early. My oldest son Kiefer, now aged 10, was delivered by emergency C-section. He had quite a few complications to start with but most things regulated over time. One of the problems he had at birth was that his lungs had not formed completely, consequently, this ended up causing him problems as he was growing up. He ended up having to take up to 4 different types of allergy pills as well as he was on 2(two) different types of Asthma 'puffers'.

Our concern was that he was taking a steroid to help him breathe but we also know that the 'puffers' were going to cause greater damage in the long run requiring more and stronger drugs. A real catch 22.

I was introduced to Mangosteen by Joan Pretty, who is a retired R.N. marred to a Medical Doctor. She suggested that I try the juice with my son and see if there were any significant changes. Within less than 2 ½ months of Kiefer being on the juice he was completely off of his pills and both of his puffers! He has been off everything now for over 2 ½ years with only a few minor setbacks (i.e. – he had a lung infection for a few weeks). He is able to run, ride his bike, swim and he played on a soccer team this year.

My second san Adrian, now 8, was also born early but fortunately didn't have the same challenges as his brother. He did however, have a more challenging time at school particularly with reading. One area that was hard for him was being able to concentrate long enough to pay attention! I believe that the juice has helped him enormously in that area. He was able to focus and thus able to grasp the fundamentals of reading. Now, besides modeling, one of his favorite things to do is read.

As a parent, I can't place a price tag on how valuable this experience has been. To see my boys running and playing and just enjoying life the way that kids should…as they say, 'Priceless'!

-*Wayne Ellis*

ALS - LOU GEHRIGS DISEASE

My husband has been on [Mangosteen-Juice] for close to four months now and has Bulbar ALS. After he was on the juice for about a week, he noticed a dramatic change in his muscle cramps, his facilitations and he was able to drink normal instead of through a straw. His fatigue was cut in half and went from sleeping most of the day, to no naps at all. We have gone on and off the juice over four times simply because we couldn't believe it was the [Mangosteen-Juice] that

made the difference but every time he went off, his health was noticeably worse. So, we are on for good now. We don't see [Mangosteen-Juice] as a cure, simply a much better quality of life.
-*Trish W.*

ALZHEIMER'S

My Father at the young age of 64 started having problems at work and had to retire early. He was then diagnosed with a very aggressive form of Alzheimer's. He is now in a home because my mother couldn't handle him anymore. He worked as a very successful auto body man and may have ingested a lot of chemicals. A friend of mine gave me a bottle of [Mangosteen juice] and I had read that it may help with Alzheimer's. We thought we would have nothing to lose as he is now in a very vegetative state. (He didn't know anyone, couldn't feed himself and he couldn't even talk anymore). We put him on 1 oz. of [Mangosteen juice] per day and on the 5th day he called my son by his name. We were all shocked! He continued taking 1 oz. per day and he has now been feeding himself consistently for 25 days! He is more alert and happy. He even looks and smiles at me when I visit him. He is now even communicating with us a little. We have increased his dosage to 2 oz. per day with his doctors' blessing and we are all excited to see what happens. This product has created much excitement for our family! I wish we would have had this product 5 years ago. I want people to understand that my father is pretty far gone but has had somewhat amazing results due to taking this product. I truly believe this product offers new hope to other people. I would like to say a special thanks to Grace D. for sharing this product with our family.
-*Coleen M.*

ALZHEIMER'S

Well, the [Mangosteen juice] experience took a new turn today. My 92-year-old mother is in a home in Turlock and has given us lots to worry about. She thinks that I am her young child and is still going to school. Also, she has contended that my father has left her for another woman. Plus, several other things that she has done which results in her thinking that she is living in the past. In order to try and help her ease back into the present or at least not get any worse we had made arrangements with the nurses to give her [Mangosteen juice] during the day to try and help her to combat further mental problems. Well, the results we saw today have gone beyond our greatest hopes. Today she told us that she had been, in her mind, living in a fantasy world, thinking of me as her young child, and Dad cheating on her. She said that she thought she had a stove, freezer, and refrigerator in her room, but she now knows these things not to be true. She acts like she just came out of a bad dream. Both Arlette and I are sure that the [Mangosteen juice] has made this happen. I for one still have a hard time thinking that a fruit drink can help that much but it sure has. For the first time in several months she can hold a logical conversation, and she acts like a new person. She gets 3 oz. twice a day. No other changes that we are aware of in her treatment. She seems to think more clearly but that is major for us.
-*Russ J.*

ALZHEIMER'S / MIGRAINES / ASTHMA / SINUS INFECTIONS

To Whom It May Concern: My name is Barbara and I am General Manager of an adult care home in Arizona. A few months ago, one of our residents' daughters brought a bottle of Mangosteen juice to our adult care home to try on her mother who has Alzheimer's disease. This resident is 86 years old. The results were amazing. Prior to taking Mangosteen juice, she was sleeping most of the day and it was very difficult to carry on a conversation with her. Now, after taking Mangosteen juice for approximately three months, she is alert during the day, vibrant and easy to communicate with. Since her results were so exciting, we began giving Mangosteen juice to four of our other residents with outstanding results. Resident 1 is a 72-year-old Alzheimer's patient who prior to taking Mangosteen juice was sleeping all day, would not communicate and could not feed herself. Now after two months on Mangosteen juice, she does not sleep all day, she is alert, communicates with others and feeds herself. Resident 2 is an 86-year-old Alzheimer's patient, is blind, has very stiff muscles, she has not talked or opened her eyes for several years and is bed bound. After being on Mangosteen juice for approximately two months, she now talks at times, moves her arms and legs occasionally and communicates without screaming. She now opens her eyes and is aware of her surroundings. Resident 3 is a 76-year-old who has Parkinson's disease. Prior to taking Mangosteen juice she was very quiet, stayed in her room all day. Now after two months on Mangosteen juice, she comes out of her room for meals, is a lot stronger, her appetite has increased, and she now walks with minimal assistance. Resident 4 is a 94-year-old who is very frail, has transfusions every three months, has a poor appetite and is anemic. Now, after being on Mangosteen juice for almost two months, she is eating well, much stronger and very happy. After seeing the wonderful results that the residents were experiencing, I started taking Mangosteen juice myself. I was suffering from migraine headaches. I have now gone several months with no migraine headaches. When I begin to feel the symptoms of a migraine, I double up on the Mangosteen juice dosage and do not have migraines. My energy level has also increased since being on Mangosteen juice. I am also giving Mangosteen juice to my nine-year-old son who suffers from asthma and sinus infections year-round. After taking Mangosteen juice his asthma medications have been decreased. When a sinus infection flares up, I double the dosage of Mangosteen juice and his sinus infection is gone in two to three days. Also, my four-year-old niece had no appetite, would vomit at the sight of food, and was very skinny and pale. She has been on Mangosteen juice for several months. She is now eating very well, has gained weight, and has rosy cheeks and less sinus infections. Mangosteen juice has truly been a miracle in a short period of time for my family and for the residents at the facility I manage.
-Barbara G.

ANGINA / BLOOD PRESSURE / CHOLESTEROL /DIABETES / PARKINSONS / COPD / HEART - Congestive Heart Failure / KIDNEY FAILURE

This is my story about the Mangosteen fruit. I was 59 years old when I was released from a hospital at the end of October 2003 with some serious health problems. The doctors had told me that I had Parkinsonism, rapid eye movement disorder associated with Parkinsonism, congestive heart failure, high blood pressure, high cholesterol, diabetes, COPD (Chronic Obstructive Pulmonary Disease), angina, and kidney problems. I was sent home on four liters of oxygen and a suit case full of drugs. These are medications that I was on: Atenolol 25mg, Candesartan

Cilexetil 16mg, Nitroglycerin 0.4mg tab., Nitroglycerin 0.4mg/hr. patch, Lovastatin 20mg, Carbidopa 25/Levodopa 250mg, Entacone 200mg, Clonazepam 1mg, Hydrochlorothiazide 25mg, Glyburide 8mg, Albuterol 90mcg., Advair 500mg. Foradil Aerolizer, Albuterol Sulfate. I would wake up every morning and walk from my bedroom to the couch, a distance of about 30 feet. I literally fell to the couch because I was completely out of breath. My skin color was turning to an ashen color and the skin under my finger nails was dark blue. A friend came over to see me and brought me a case of Mangosteen juice. He told me to take it and said that it might help me. He was telling me all the helpful things that this product would or could do. I was very skeptical at first how could a fruit have so much healing power & work on all the organs in the body at the same time. I asked my doctors about it and they never heard of the fruit. They told me that it would not hurt me to try. I started taking three ounces three times a day and was hoping for an instant cure. It did not happen! I did not feel anything at all until I had finished my third bottle. I noticed that I was sleeping the whole night through and that a little energy was coming back. I could walk from the bedroom to the couch and was not huffing and puffing. After a month on [Mangosteen juice], my blood sugar was back down into the 140-150s which was not bad since a month before it was in the 300s. My blood pressure was dropping from 180/90 to 120/70 and my tremors had stopped! I was also checking my oxygen absorption and noticed that it increasing which is a good thing. I would be getting readings of 88-89 at rest & when I moved around the level dropped to 80-81 before any Mangosteen juice. At the end of a month on [Mangosteen juice], my readings were 94-95% at rest & moving the level stayed the same! I began cutting back on all my medication gradually and was taking readings from all my machines. I noticed that when I was cutting back on my medications that I was feeling less and less fatigued. By Christmas time, I was off ALL my medication and oxygen and I had reduced my [Mangosteen juice] to only two ounces three times a day. I am still taking Two ounces three times a day. To me this is a miracle fruit and I tell everybody about it. I will be glad to talk to anybody about this product.
-Jerry S. - Lacey, WA

ARTHRITIS

I have had amazing success with Mangosteen juice as well. I had back surgery last June, and during my recovery from that I developed terrible arthritis in my hips. Although I never had one, I thought I had hip pointers in both of my hips. It was painful to stand, let alone walk, and I was only 33 years old. I was taking Vioxx, other Anti-inflammatory, cortisone shots, you name it, and nothing worked. I was miserable; it had a negative effect both at work, and at home. Then I met a guy who owns a Professional Soccer team here in town, and he had a purple bottle with him that drew my attention. I asked what it was, but we were interrupted and he had to leave, but he left me his card and asked me to call him. He didn't know about the pain I was living with. Long story short, we got to talking and he gave me a bottle to try and nothing happened. I called him after the bottle was gone and told him I didn't notice any change, he then convinced me to spend $100 and buy a case. "THANK GOD I DID THAT." After dinking 2 bottles of that case, I have been pain free ever since. Every day I drink 3 oz. in the morning and a big sip at dinner. It's amazing the domino effect it has had both at work and at home with my family.
-Douglas Lamb.

ARTHRITIS

I have arthritis and it took 2 weeks for me to see a beginning of relief. After a month or so I could really see a big difference. I took 3 ounces the first 3 days of taking the juice then I went to 1 ounce 3 times a day sometimes I would take up to 5 ounces, but that was at least a month later. I now take 6 ounces. Only because I like the juice and I do feel pretty good now days I have been drinking the juice for 3 years.
-Kathy

ARTHRITIS

I was taking the juice, basically, for preventative measures. I'd had swelling in several of the first joints of fingers on both hands for such a long time that I had gotten used to it. Had to sometimes get up at night and put my hands in hot water to stop the discomfort. I'm guessing it was probably 2 or 3 months after starting the juice that I noticed my fingers weren't hurting anymore and I could make a tight fist with no discomfort - though I'm really not sure of the time frame. That was not the reason I was drinking Mangosteen juice. I always have Mangosteen juice with breakfast - sometimes at lunch and always with supper. - at least 1 oz. each time but nearer to 2 oz. - 2 to 3 times a day. I don't know what the equivalent in ounces is as compared to 30 ml. metric. I hope this helps. I would always encourage folks to increase their dosage if they're not seeing the results they are expecting. It certainly can't hurt them - after all, it's just a juice - though an extremely potent one with its powerful xanthone's and other phyto-nutrients. Good luck,
-Betty P.

ARTHRITIS – Rheumatoid

My daughter who is only in her 30's, has been struggling with the debilitating effects of Rheumatoid Arthritis for over ten years.

We've been to every specialist we could find, tried every lotion and potion known to man with some improvements but still the struggle continued. I guess when I found Mangosteen Juice (or it found me), we were totally discouraged by the conventional forms of treatment and she was in such a state she was seriously looking at giving up her job and going on disability.

A co-worker and very good friend, was given a CD by Leonard H's wife, Anne. She didn't listen to it but brought it directly to me. I listened, met Len & Anne, and signed up to get the wholesale price. My daughter began taking the juice as soon as it arrived although she was very skeptical and fearful of getting her hopes up even one more time! After taking 2 ounces 3 times day, in about 3-4 days she looked at me and said, "I don't know if it's my imagination or what but I feel better". She didn't have to tell me! I saw it in her face and the way she walked.

People at her office began to notice the difference and starting asking questions about the juice. Thus, began my business career. One month later, my daughter continues to improve in health and more importantly, her mental attitude about life has changed. We are spreading the word and you know, almost everyone you know has something they need Mangosteen Juice for.

It's amazing! I told God if he would lead me to something to help my daughter I would do whatever he wanted me to do. Well, it looks like my prayer was answered and in the process of being grateful and sharing with those I love and care about, instead of turning 70 in a few months and singing the song, "Is this all there Is", I'm starting a new business by giving to others what was given to me.

Oh, by the way, the co-worker of my daughter, the one who didn't listen to the CD? She and her husband have started their Mangosteen business. And, all this from one little CD given because someone cared enough to try to find help for a friend in need…God does work in mysterious ways! Wow!
-*Mary Beth's.*

ARTHRITIS - Rheumatoid?

A wife's 'Mangosteen Juice' Story: About six months ago my husband became ill. His whole body and joints were racked with pain. Some mornings his hands were so swollen that they were useless until he massaged them for hours. He had no energy or appetite and he was drastically losing weight. The doctors were doing blood tests, lung x-rays and prostate exams. They ruled out cancer, but they could not find what was wrong. They said that it was possibly rheumatoid arthritis. They prescribed an anti-inflammatory drug called NAPROXEN. That relieved a lot of the swelling and pain. After a several months, the situation was getting worse instead of better. The medication was affecting his stomach so he was prescribed an over the counter drug called Zantax. He also started taking some well-known dry vitamins as well as a liquid vitamin. The doctors decided to do a test that would require that he be off of all drugs (except for over the counter pain relievers) for seven days. My husband was in sheer agony! My friend had spoken about Mangosteen several times previously. We were skeptical, but decided that it was worth a try. So, she provided us with a bottle of Mangosteen juice, and after the test was finished he immediately began taking 2 ounces in the morning and two ounces at night. About a week later he had his color back! He had a lot more energy, some of his appetite and he was able to cut back to one Naproxen a day! He was just about out of the Mangosteen juice! But, he still had the dry vitamins as well as the liquid vitamins. So, we didn't get another bottle. It wasn't very many days after he finished the Mangosteen juice before the pain and swelling were back. He was lacking energy and he had to start taking the full dose of Naproxen and Zantec AGAIN! Needless to say, we hurried to get more Mangosteen juice! And, at the same time, I signed up to become a distributor. At this writing in the last month (December 2004) my husband has only had to take a total of 3 Naproxen pills - IN THE WHOLE MONTH! I am also taking Mangosteen juice and my energy has increased beyond belief. I now sing Mangosteen juice to everyone I know and meet!!!!!!!
-*Jan E.*

ARTHRITIS - Rheumatoid / BLOOD PRESSURE / CHOLESTEROL / SMOKING

I was diagnosed with Chronic Rheumatoid Arthritis in October of 2004, after suffering several months of incredible joint pain that literally stopped me dead in my tracks on many days. For the whole month of July 04, I took 2400 mg of Ibuprofen each day to little Advil. In August, I was placed on 60 mg of Prednisone per day to control pain and inflammation. At diagnosis, I was on 30mg of Prednisone daily, and placed on Methotrexate weekly, Palanquin daily, and Sulfasalazine daily. In addition, I suffered with High Blood Pressure, High Cholesterol and I smoked a pack a day. I started drinking the incredible Mangosteen juice in December of 2004. By January, I noticed some incredible results. Today, I am a non-smoker (no withdrawals from smoking), I no longer take Prednisone, Sulfasalazine and no longer take blood pressure medicine (Diovan). My blood pressure is normal, and I suffer no more pain. I am occasionally stiff, but I attribute that to the 2 - 3 mile walks I now take every day! My goal is to be 100% Medicine Free in the next 3 months. My doctors are amazed at the results, and I tell them and everyone else it's all about the juice!!! I started out drinking 3 ounces. per day. I started seeing major results when I upped my amounts and to this day continue to drink 6 to 8 ounces. per day. That's 2-3ozs with each meal. My goal is to reduce that to 2-3 ounces. per day for maintenance in a few months.
-Kurt L. - Portland, OR

ARTHRITIS / Acid Reflux and Cholesterol

My story begins with a friend who was suffering from Fibromyalgia; her condition literally drained all of her energy and caused her severe pain. Then, one day I noticed she seemed to have more energy and appeared to be feeling better. Finally, my curiosity got the best of me and I asked if she was actually feeling better. She responded by saying shew as and that it was the result of drinking something called Mangosteen juice. She said she was amazed at how much better she was feeling. She recommended I try it to see if it would help my arthritis and acid reflux problems. I remember thing she was crazy. Initially, I said “NO” because I couldn’t believe a juice could have such and impact on me; and as a result of that decision suffered for another couple of months.

Then one day I saw her at the market and just followed her around to see how she was doing and that sold me. I could tell she was a different person and obviously feeling better so I decided I might as well give it a try. After all, nothing else seemed to help, so I had nothing to lose.

Within three days of drinking Mangosteen juice I was able to drop 200 mg of Celebrex that I had been taking for a year. After another three days, I was able to drop another 200 mg of Celebrex. I haven’t had any Celebrex since then and I now walk my own dogs and clean my own house, something I wasn’t able to do previously.

After another two or three week periods, I noticed that I no longer was being troubled with acid reflux; another problem I had plagued with.

Over five years I dropped 57# as my body began normalizing and I become more active. My triglycerides and cholesterol dropped to normal levels and my blood pressure dropped into a normal range.

-*Jean Kuykendall*

ARTHIRITIS/ Gum disease and Burns

We started drinking Mangosteen juice Labor Day weekend 2006, primarily because of Jack's chronic arthritis. We own a vacation home in northeast Pennsylvania, about a 2 ½ hour drive from our home. Our weekend rides always consisted of a stop for gas and another for coffee, just so Jack could get out and stretch his back. Sitting in one position that long caused him stiffness and pain.

After about one month of drink Mangosteen juice, we noticed that jack didn't need to stop any longer. That same weekend, jack burnt his arm severely on our oven broiler. Knowing Mangosteen's anti-inflammatory benefits, we drenched a paper towel with Mangosteen juice and immediately placed it on Jack's arm. Within ten minutes the pain went away and through the burn blistered, with continued application of Mangosteen juice, it left no scar.

At the time, Paula had no apparent health issues but she too, began drinking Mangosteen juice as a preventative measure. Her first visit to the dentist after starting the juice (about 6 months), the hygienist said, "Wow, the 7mm pockets we've been following are now only 5mm. Did you started using water- pic?" The only thing different Paula was doing was drinking Mangosteen juice.

In July 2009, Jack had a complete physical, including X-rays. When his doctor read the X-rays, to his surprise, the arthritic symptoms in jack's back were completely gone!

Of course, we now share benefits of Mangosteen juice with family and friends.

-*Paula & Jack Beiger Hamilton Square, NJ*

ATHRITIS/ KIDNEY STONES, GOUT, MIGRAINES, IBS (IRRITABLE BOWL SYNDROME)

I was a 55-year-old "healthy" women who played tennis 5 times a week, was in great physical shape (I weigh 130 lbs. and am 5'6") and was "coping" with numerous problems because I thought they came with "old age". The doctor's prescription drugs and over the counter remedies only made other conditions occur, so I began drinking Mangosteen juice on a friend's recommendation and ELIMINATED everything else from my "drug" regimen for 3 months. I first experienced "outward" wellbeing (waking refreshed due to not having "night sweats", hopping out of bed instead of limping into the kitchen, happy instead of depressed) – but didn't realize what was going on "inside".

I called my fiend to tell him about my outward feelings. He chuckled and told me that the best was yet to come. I revisited my doctor 3 months later only to witness his astonishment at my blood test results. They were all in the NORMAL RANGE! I told him what I had done and he was not happy (VERY skeptical fact) – but he advised me to continue with the Mangosteen juice and return in 3 months. I did. My result was even better – no lifestyle or eating changes – only the Mangosteen juice.

I remain totally healthy (the doctors told me it would take me 3 to 4 years to overcome all of my health issues which we had to address one at a time; the Mangosteen juice did it in three months by drinking it faithfully.

Dec. 30, 2006 – I have not taken ANY form of over the counter or prescription drugs for the above condition and I no longer need sinus medications, sleeping aids, energy supplements, aspirin, etc. Oct 6, 2007 – Bone Density Test My "baseline" (first) scan was done on September 8, 2006. I don't know the condition of my bones prior to 2006 since the was my FIRST EVER scan. At that time, my test results showed Osteopenia (beginning of osteoporosis). I do NOT take any type of calcium supplements because of the side effects. I am not a milk drinker and do not eat many dairy products. The only supplements I use is Mangosteen juice and a daily multivitamin. During my recent scan my doctor was again concerned because my age and lack of calcium in my diet. She lectured (before the new scan) that I should try and alternative form of calcium (prescription). I told her that we'd discuss my options AFTER we had my test results.

TEST RESULTS:

The bone density in my spine INCREASED by 7.4% - a SIGNIFICANT change from my baseline of a year ago! My neck density increased by 1.3% and my "troch" increased by 1.9%. The second test was done on the EXACT machine in the same office. She was amazed and told me to forget her prior lecture and just continue drinking the Mangosteen juice. I truly believe that EVERY woman (men also – my husband will NOT be without it – but I simply address women and he speaks to the men), no matter what her age, needs this juice!

-Karen Veverka

ASTHMA / EYE IMPROVEMENT

Since I moved to Oregon from California in 1999, I began having really bad asthma attacks. Oregon is known as the grass growing capitol of the world where huge fields of rye grass are grown all over the state for the seed market. It really wreaks havoc on one's sinuses and asthma sufferers. My asthma attacks became increasingly worse, and I was having several severe attacks a year, even an occasional hospitalization and ER visit became necessary. I was on so many anti-inflammatory, steroids and others medications to keep it under control. My sister and brother in law, Dixie and Keith introduced me to Mangosteen juice over a year ago when they were here on vacation. I started taking about 4 oz. daily, and noticed the powerful anti-inflammatory effect almost immediately. Mangosteen has had such a positive effect on my asthma that I am no longer taking steroids, and have cut my other medications in half. Another benefit I can only attribute to Mangosteen is when I went for an eye checkup last month; they said my distance

vision had improved greatly. I used to wear glasses to drive and no longer have to do so! Wow!
-*Patty L.*

ASTHMA

It is very good to hear that Mangosteen juice has helped people with Asthma. I am 52, have had bronchial asthma my whole life. Just this past month, my brother who has highly benefitted from the Mangosteen juice for his own particular situation, shared some with me. Within one week, I noticed a difference. I woke up less tired, the drastic inflammation my ankles and feet are prone to subsided
substantially...and this is just the beginning. Thank you for sharing your stories.
-*Christine*

Eugene, Oregon

ASTHMA

My 14-yr. old daughter and I both have asthma. We have both seen wonderful results. My asthma was more severe. I was using my inhaler 3 times a day when I started taking the Mangosteen juice. It took about 4 months before I saw major improvements. I have now been using the juice for 9 months and I rarely use my inhaler. I didn't have any problems in the cold this winter. My 14-yr. old was able to go sledding this winter without an asthma attack. She said that she was running up the hill with the sled for the third time when she realized that she wasn't wheezing and coughing.

AUTISM

My husband and I would like to share our story of how [Mangosteen juice] has helped our five-year-old son with autism. He has been in early intervention and preschool and is now in Kindergarten where he is integrated into a normal classroom of his peers. It was always a challenge for Camron to not only communicate but also interact with other children and engage his family. He had made some progress with being in early intervention and preschool but he was still not able to take direction, play with others, sit in a group and whenever he wanted something he would take your hand and pull you to it because he was unable to talk. He would become so frustrated to the point that he would hit himself and cry. It was to me the saddest cry. We started with [Mangosteen juice] for my husband who had acid reflux and me for energy but we also started giving it to our kids to try. We noticed a difference a couple of days later when my husband was playing race cars with the kids and my husband had asked my oldest son, Kyle and myself where the yellow car was. Kyle and I did not have any clue where it could have gone but Camron found it and gave it to my husband. We were so excited because he would be always off doing something by himself or playing next to the kids but not with them so we always thought that he was in his own world and not able to understand enough to take direction but this was an indication that he knew exactly what was going on. Also, Camron's senses seem to be heightened so too much that noise would bother him or putting shoes on or even a hat would be a

challenge. Camron is not bothered by these things anymore. Camron now is adding more and more words to his vocabulary and is able to take increased direction. He even looks forward to learning more words because he will give you eye contact and put his hand on your throat and say, "hear you talk." I used to worry all the time that Camron would wander off when we were outside or get into danger, like dart off into the street because he didn't understand certain dangers but now I notice he will take direction from us allot better and I can tell him to "stop" or "hot" and he will understand. [Mangosteen juice] has helped his sleeping habits also and he is doing well in a full day kindergarten program. In a recent IEP meeting we were amazed at how much progress Camron has made. He is able to sit during a task and is willing to play with the other kids. We are so grateful to [Mangosteen juice] and the way that it has facilitated Camron's progress. In the past, we have tried so many supplements in order to help Camron function better but he would refuse to take it because of the taste or texture of the vitamins but we don't have to fight him to take [Mangosteen juice]. In fact, all of our kids ask for it several times a day and it is getting harder to keep a supply in our house. We are so grateful for [Mangosteen juice] and we know it will continue to help our family especially Camron. It has helped him better communicate and focus on the different activities in school. In the past, the teachers would not be able to get him to sit still and participate in the activities. He is able to transition better from one activity to the next and he has started to Interact more with the kids. We would be happy to share many more testimonials of Camron's progress because [Mangosteen juice] has helped us in so many ways.
-*Chester & Christine G.*

AUTISM

Adam's Story - Our little boy was diagnosed with ASD (Autism Spectrum Disorder) in December 03. He had no eye contact and the speech he had acquired had all but gone. He flipped through picture books without looking at the pages, he lined up toys but didn't play with them or with his sister. He looked at the TV and other objects from weird angles or from the corners of his eyes. He suffered from recurrent ear infections before 1 year old requiring numerous courses of anti-biotics and eventually surgery to implant grommets (“tubes”) in his eardrums. His muscle tone was low and he had little energy usually wanting to be carried. He suffered continual mild reflux and diarrhea. He was not potty trained. The pediatrician gave us a very sad prognosis of what to expect for his life. We wondered what really was this “autism”. Why had it happened to our son? Where had it come from? Where would it go? Around the same time as the diagnosis, we heard of the Mangosteen fruit and its beneficial effect for those suffering from diarrhea and decided to give small doses (30ml with breakfast) to our son in January 04. We immediately noticed an improvement in speech and attempts at social interaction. From this we determined that the pediatrician's prognosis was wrong and we set out to find a new way, a better life for our son. With the help of an open-minded doctor, we started on a biomedical approach to Adam's autism changing his diet and adding in certain vitamin, mineral, enzyme and amino acid supplements to the Mangosteen juice. Also we instituted the more traditional approaches with enrolment at a special needs kindergarten, speech and occupational therapy interventions. With great results . . .

May 30, 2005 - Adam wrote his own name today.

During the intervening 24 months to now, we've been on a steep learning curve – both about autism and about Mangosteen. I've come to believe that autism is a symptom of a number of underlying issues, and that for each child the jigsaw of issues will be slightly different. For Adam, these seem to be based around gut flora imbalance with certain food intolerances, heavy metal toxicity and viral overload. Originally, I believed that the Mangosteen juice helped primarily because of its influence on helping with the diarrhea, but nowadays, I believe it's probably a lot more to do with mangosteen's inflammation-controlling properties– both in the brain itself and in the gut -, its antioxidant effects, and its anti-viral / anti-fungal effects. Adam receives 30 mls Mangosteen juice 2 – 3 times/day. If he misses a dose, I know it as his cognition / alertness lessens. Our son these days makes great eye contact at home and has more in settings outside home. He is able to communicate in a pragmatic way – still uses mostly nouns but nowadays is including a lot more verbs and pronouns. He loves reading picture books and is able to recognize hundreds of words – way more than other children his age. Often, he will then re-draw his favorite pictures and words from the book . . . without looking. He plays with toys though still not as much as his peers, but does love to play games with his older sister which they make up themselves. He watches the TV from a chair or sitting on a mat on the floor. He rarely gets any sort of infection. He still does have quite low muscle tone but he is vigorous and energetic, riding his bike tirelessly around our large back yard . . . even down the terrace steps and over the garden bed edges for a bit of extra excitement. His bowel movements are now pretty well normal most of the time and he is toilet trained. He started in normal preschool this year and, while his language is still not as good as his contemporaries, he's the one that the teacher gets to show the others how to use the computer. We believe Adam will recover – moving off the autism spectrum into the "normal" range. The Mangosteen juice has been an integral part of his recovery to date and we believe it will continue to be the cornerstone of his recovery in the future. The whole family drinks Mangosteen juice every day.
-*Cathy & Jason H.*

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