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FIBROMYALGIA

I have fibromyalgia, going on 15 years now. I have been on the juice for 2yrs and have been able to control my pain. It took about 3 months to see results, by then I could get weaned off all my meds, with Doctors approval, which by the way was 15 of them. I take 6ozs a day, 2 in the morning, 2 at noon and 2 with dinner. I also drink a lot of water. Hope this helps,
Becky

FIBROMYALGIA

My sister has had for MANY years a very bad case of fibromyalgia. It took 3 months and 3 ounces 3 times a day before she could really start feeling better, the last 3 oz. should be taken JUST before she goes to bed. She has been in the Juice for 3 years now, and feeling great. Fibromyalgia is one of those conditions that takes longer for the inflammation to go, but is worth being consistent, please tell her not to give up. Keep us inform with the results, so we can pass it on for other people to benefit from this incredible natural product.
Yvonne

FIBROMYALGIA

I have fibromyalgia. When I first started drinking mangosteen I didn't notice anything. However, I didn't have any pain. I just chalked that up to the fact that FM goes in cycles - sometimes it's just fine and sometimes very, very painful. But after about a month (I was taking 2oz, three times a day), I ran out and the next shipment hadn't made it. And then I started hurting, and hurting horribly. I took every pain pill I could find and didn't care if I was "overdosing." All of a sudden it hit me that it had been the mangosteen that was keeping me pain free. It took me awhile to get back, but I really know if I've missed some dosages. Right now, I'm having a problem with my back and also FB. So, I'm taking 2oz, four times a day. (And I probably shouldn't say this, but vodka & mangosteen over ice is really terrific:).
Nancy

FIBROMYALGIA / LUPUS

I have Lupus and Fibromyalgia. I have mild symptoms and do not need medication. I do get very fatigued and have joint and muscle pain. Since I have been drinking the mangosteen juice I have had more energy and stamina, sleep better, my head/mind feels clear not cloudy, I am not stressed out all the time, my memory is back, and one other great benefit is I am not craving sweets.
Lauri

FIBROMYALGIA / LUPUS

I am 35 years old and the mother of two beautiful children, ages 9 and 11. At age 12, I was diagnosed w/ scoliosis, at which time I was put into one of those awful body braces, which I wore for 2.5 years, which did not help. As a result, at age 18 I had corrective surgery, an extensive spinal fusion. Since then I have had minimal back pain until a recent injury resulting from a fall. At age 20 I was diagnosed w/ Endometriosis, which was said to have been the cause of my difficult and very painful menstrual cycles, which would often put me in bed for several days. At age 21 I had my first medical procedure to deal w/ the Endometriosis. At no point was I given any natural alternatives. By the time I was 28 I had had 5 of these surgeries and at 30 I had a complete hysterectomy. At approx. age 25, after

several years of dealing with chronic pain, fatigue & various other symptoms, I was diagnosed with Fibromyalgia and thus the meds began. Approximately 5 years ago. I began also having chronic inflammation and joint & muscle pain, which 3 years ago was diagnosed as what they called Unspecified Profuse Connective Tissue Disorder, which they believe to be and are treating as Lupus. I have also been diagnosed with Arthritis, a similar condition, but different "they" tell me. Over the past several years the doctors have had my body inundated with a myriad of prescription medications, some of which are very scary, all in the name of treating the myriad of symptoms associated with the above conditions, though none offering complete results and some bringing other unpleasant side effects. Below is the current list of meds my various doctors have me on. This does not include the rounds of prednisone, cortisone & other steroid injections, or the many other treatments that were tried and failed to produce any positive results. Premarin, Plaquinil, Methotrexate (a known cancer drug), Folic Acid (to replace what the methotrexate strips), Naproxin, Celexa, Skelaxin, Diazapam, Ultracet, Percoset, Ambien & Ritilan. As you can imagine all the above is very overwhelming, painful and exhausting ...not to mention expensive! Needless to say, my body is being inundated with toxins to make me better & I still feel lousy! I know this can't possibly be good for my body & I am seriously concerned about the long-term effect of these drugs in my system. This is at 35, I'm concerned what 50+ is going to look like...if all these drugs allow my body to make it that long. Most importantly, all the above merely masks the symptoms and does nothing to address cause of the problem. About a year ago my Brother told me about Mangosteen. At the time, I wasn't open to alternative ways of dealing with my health and thought I needed to trust the doctors. Six weeks ago, a friend asked me what my biggest fear was, my response…short-term, my health robbing me and my children of time together, long term …my health taking me away from my kids and other family entirely. A few days later my kids and I were discussing fear and each we each shared what we were most afraid of. My 11 year olds son's biggest fear was of my health taking me away from he and his Sister! I decided at this point I'd had enough and was tired of my health difficulties robbing me of my time with my children and enjoying a healthy life. After another year of pain, time and expenses and most importantly loss of quality time with my children I became convinced there had to be other, healthy ways to address my health issues. About the same time my brother brought me another case of Mangosteen juice! I decided I had nothing to lose and began taking Mangosteen religiously, but skeptically, somewhat afraid to get my hopes up, but praying to see positive results. To my amazement, after about 5 days, I started noticing improvement of my symptoms and diminished pain. After my second week, I started to feel normal, or at least what I imagine it is, I don't have much to compare that to! All I know is that not only do I feel unbelievably better, but also I have experienced a drastic decrease in all of my symptoms, including the need for my pain medication and various others. At this time, I am in the process of weaning off of several of my prescription medications and have been nearly a month without the need of pain medication! Additionally, last Friday morning I ran out of the juice. Earlier in the week someone asked me how I knew for sure I was feeling better because of the Mangosteen and not some other reason. So, I decided to do a little experiment and instead of getting more product and go the weekend without any. By late Saturday afternoon I was starting to feel stiffness in my joints, sore muscles, pain, and most unpleasantly the beginning of the mouth and nose ulcers that go along with my Lupus. I couldn't wait to get my hands on a new bottle of Mangosteen the following Monday morning! No question, I'm convinced Mangosteen juice is an amazing product! I have already had so many opportunities to share with others through my personal experiences and am so excited to do so in the future. Thankfully, thanks to Mangosteen, I know there's hope of a healthier future, not only for me, but so many others whose lives have had time stolen from them because of health issues. I am more than willing to give up my little blue parking placard!
Denise W.

FIBROMYALGIA

My muscles in my upper back and neck constantly hurt. The more tired I get as the day goes on, the worse my pain is. My hips would throb all the time. Since Mangosteen juice, I have been pain free. I can put in a good day's work without napping. My thinking is much better and I have a wellness feeling inside me.
Paula

FIBROMYALGIA / IBS / ACID REFLUX / HEADACHES / STOMACH PAIN / CRAMPS / SLEEP / ENERGY

I have been afflicted by Fibromyalgia for more than 8 years. I have been on many pain pills, muscle relaxer's and anti-inflammatory. I took all of these before I was introduced to more natural and healthy way a couple of years ago. I started seeing a chiropractor & he started me on different supplements. The Supplements and the adjustments

helped but I was still having many painful issues. The issues I was experiencing were severe irritable bowel syndrome, acid reflux, chronic headaches, sore stomach, leg aches, leg cramping, abdominal cramping, sleep disorders and never having enough energy. I also am dealing with polycystic ovarian disease; from which I was having excessive bleeding and cramping and an irregular monthly cycle. My O.B. told me that this disease is linked to my insulin and the imbalance of my blood. Being young and single you can imagine these problems put a big damper on my lifestyle. My chiropractor, introduced me to Mangosteen Juice 2 months ago. I was very skeptical. I have tried so many vitamin supplements and natural things. But having tried just about everything I figured why not. I started taking Mangosteen Juice and within a couple of days I noticed a difference. My stomach wasn't sore. I didn't have the burning acid coming up the back of my throat. My abdominal cramping and irritable bowls were almost gone, so excitedly, I continued to drink the juice. My chronic headaches began to disappear; I wasn't having all the aches and pains and the leg cramping. Also, my blood was being neutralized and my insulin was balancing as well. My monthly cycle became regular and not so heavy and I wasn't cramping as much. So, I investigated the product. WOW… I couldn't believe that it had Xanthones and Antioxidants. I went to a seminar to learn more about antioxidants and Xanthones. It is vital for all the things that I needed to be healthy, but especially because I had Fibromyalgia. I learned that Mangosteen Juice helps neutralize the blood and helps your body to not be so acidic; plus, it is a natural Anti-Inflammatory, a natural anti-fungal, natural antibiotic, natural anti-viral, natural antibacterial, natural anti-depressant, and natural anti-anxiety. I am so thankful that I was told about this product. Becky T. - Orem, UT

FIBROMYALGIA / MIGRAINES

I started taking Mangosteen juice March 19th. Before that I was taking a lot of pain pills everyday such as Ibprophen, Excedrin and Ultram like they were candy (minimum of 1200mg of IB and 2-4 Excedrin a day). And when I wasn't working I could take Ultram. But I couldn't take that longer then 3 days due to the migraines it gave me.

For the past 4 years, I have been getting worse. Then last year it got so bad I didn't know what to do. So, I went to the doctors and ended up having 3 Ultrasounds and every blood test known to man. But they still couldn't figure it out.

February 2005, my doctor took me off work for 4 weeks due to depression and stress. I went straight to my work and told my boss. Within 45 min. of giving them my doctor's note they called and fired me. I ended up losing my job because I needed to take 4 weeks off. Then I really thought I was going to lose my mind. I had set records at my last job. In their 12yrs of business I was the only person to start at the bottom and move up 3 levels to a supervisor in only 4 months.

May 2005, I had to have exploratory surgery. All they could tell me was that they didn't find anything. You look normal so we still don't know what's wrong. Still no explanation for all the abdominal pain; not to mention that now my whole body was hurting. I felt like I had been hit by a Mac truck. And someone forgot to tell me.

After I did a lot of research on my own I learned that what I was suffering from was Fibromyalgia. Not to mention I have mild Arthritis in my right hand. And I am pre-para menopause. Which I have been told was brought on in part by having my tubes tied 8yrs ago. I will be 35 in a few months. I have felt like I was in my 60's.

When Rondy first called me in March about Mangosteen juice, I was at my highest level of pain. I would get up in the morning, walk my husband out and say goodbye. I would lay on the couch to make sure my kids made it out the door in time to catch the bus and I would lay there all day. I hurt so bad I couldn't do anything but pop pills. I just kept praying that I could get rid of the pain. I was starting to get depressed again because I couldn't do anything. I hurt so bad that I had to take pills. Then the pills made it so I couldn't think strait and I couldn't help my kids with their homework. I was lucky to make dinner for my family.

In short, I was sick and tired of being sick and tired. And thought what have I got to lose but the pain. So, I tried Mangosteen juice. Since I started drinking Mangosteen:

The 2nd day, I woke up without a headache. I have had them every day for the past 15yrs since I was in a car accident. Migraines all the time also.

• During the first week, IB taken- 400mg; the second week, 200mg.
• I have not had to take any Ultram or Excedrin since March 19th.
• My energy is back. I don't hurt like I used to.

I started out drinking 2oz. 5x's a day and now I'm down to 2oz. 4x's a day every day. I did try to drop down to 1 1/2oz. 3x's a day but my body wasn't ready for that. The pain started coming back. That's what happens when you try to rush things.

I just tell everyone that it took my body years to get where it is and it will take time for it to heal. You don't heal from surgery, overnight do you? Well your body can't fix it's self-overnight either!

I know that I would still be in a lot of pain if it wasn't for drinking Mangosteen juice. Thank You for getting involved and passing it on to others. If you didn't I wouldn't have my story.

I have my "Why" but that would take another hour to type out. Thank you once again, it feels nice to trade my pain in for "my story".

-Julie H.

FIBROMYALGIA / GERD's / IBS / MIGRAINES / TINNITUS / ALLERGIES / ENDOMETRIOSIS / REYNAUDS SYND. / DEPRESSION / ANXIETY / BRONCHITIS / CHOLESTEROL*

"THE JUICE THAT CHANGED MY LIFE" Hello. My name is Nikki and I am 41 years old. I want to tell you about something that changed my life 5 weeks ago, but first, I want to give you a little history about myself.

I have been ill since childhood and have seen my health continually deteriorate, particularly over the last few years. I have seen many doctors and specialists throughout my life and have been clinically diagnosed with Fibromyalgia, GERD's (gasto- esophageal reflux disease), IBS (irritable bowel syndrome), Migraine Headaches, Tinnitus, Allergies, Endometriosis and Reynaud's Syndrome. Additionally, I suffer from depression, anxiety, bronchitis & high cholesterol.

I have been a walking pharmacy for as long as I can remember. My daily medications only relieved some of my symptoms and, at best, got me through the day; only to start over the next day with the same routine.

Here's a list of SOME of the medications that I have taken over the last several years:
Wellbutrin, Ambien, Donatal, Lipitor, Pravachol, Nexium, Prevacid, Premarin,Toradol, Percocet, Darvocet, Imitrex, Zomig, Fioricet, Tylenol 3, Naproxen, Allegra, Zyrtec, Claritin, Benadryl, Motrin, Valium, Celebrex, Vioxx, Medigesic, and Flexeril.

Oh, and let's not forget Mylanta for the heartburn I would get from taking all these medications.

For many years, every day has been a struggle to get though. Just getting up in the morning was a major accomplishment. The end of the day however was often worse. I would get home from work & promptly fall asleep. The next day, the same scenario would begin again, no matter how many hours of sleep I had gotten the previous night.

It was to the point where I no longer had any quality of life. I could do nothing but got to work, then come home and go to sleep. I had no quality time with my husband or my son. Every day I had to struggle to convince myself not to just drive the car off a bridge. I was just so sick and tired of always being sick and tired.

About 5 weeks ago, my son was getting married; needless to say, I was stressed out. My back and neck were killing me. My boss sent me to his chiropractor as he was not sure what else to do for me. The chiropractor adjusted me and suggested that I try Mangosteen juice, a new national product he had just received.

Adding insult to injury, about 1 week later, my father passed away. I had to leave town for the funeral, but NOT before I picked up another bottle of this product.

In the five weeks that I have been "drinking my juice" the change in my life has been overwhelming. If I were not the one experiencing these changes, I would not have ever believed it possible. For the first time that I can recall, I am PAIN-FREE and HEADACHE FREE I have accomplished more at work and at home this last month than in the previous six months combined!!! Now I have a spring in my step and a smile on my face, thanks to Dr. S. for introducing me to this product. The only medication that I now take is Premarin, which I hope to eventually cease using as well.

This "Mangosteen juice" has not only changed my life, it has given me the chance to HAVE A LIFE!!!
Nikki G.

FIBROMYALGIA / CANCER - Breast / ACID REFLUX / BLOOD PRESSURE / DIABETES TYPE2

I had recurrent breast cancer, and I was going through my third round of chemotherapy (Taxol and Carboplatin) when I was introduced to Mangosteen Juice back in January 2004. I asked my oncologist about this, and he also said not to take an excess of antioxidants for the same reasons mentioned below. But, he said I could get all my antioxidants only from the "food" I eat. So, since mangosteen is a food, I took only 2 ounces (a maintenance dose) a day during chemo and radiation treatments. Once I started taking the mangosteen, I had no more nausea and I never got a cold or the flu which was going around at that time even though my blood counts were low. I did still experience the severe body aches and fatigue from the chemo, however. Once my therapies were over, I went to drinking 6 ounces a day and I have recovered nicely from both therapies & regained my blood counts within 1 month. I have come out of the depression I was in during this recurrence of cancer. I had acid reflux, & was on Prevacid for past 5 years, & now I don't need the Prevacid. I also had borderline high blood pressure, which is now normal. I had Fibromyalgia, which is completely gone also. My husband is blind and a type II diabetic and his blood sugars went from the mid 200s to the low 100s on 6 ounces a day. (It took about a month.) He has had problems with a fungal itch all over his body for a long time, and now that his blood sugars are lower, he is finally showing signs of healing from this fungus. I am a believer in drinking Mangosteen for the rest of my life! I feel great!
Eve H.

FUNGUS

My mother and my husband both have toe nail fungus. My husband had it under 3 toes. One toe cleared up in about a month of using the juice. The second toe took about 3 months and the third toe is still clearing up after a year of being on the juice. We can see improvement even though it's not all gone yet. We can see where the new nail is growing out. He took the juice orally and also applied it to the toe nails with a Q-tip. My mom has had the same results.
Karen C.

FUNGUS / PSORIASIS / HRT (hormone replacement therapy) *

I started the mangosteen juice in Nov 2004 and by January 2005 my psoriasis was 98% gone and still is. I have had psoriasis for 44 years. I have spent thousands of dollars and treatments to help. I had 100 Ultra Violet treatments that made it go away but gave me a cataract on my left eye which was never fully developed. Since then I have been totally bind in the left eye so I just decided to learn to live with psoriasis. My hands were so bad they cracked and bled. I also haven't had hormone treatment since then and I had been on hormones since 1983 when I had hysterectomy. It also cleared my fungus on my toes. I am very thankful for the mangosteen juice.
Delores P.

FUNGUS / CANCER - Lymphoma / DIABETES - Type2 / IMPOTENCE

I wanted to share a personal and exciting testimony with the team behind Mangosteen juice. My son in law had share, with my wife and I, a new product he was very excited about. Now mind you, when he gets excited about a product we listen because he knows what he is doing when it comes to supplements and nutrition. I will start with my wife first. She has lymphoma and has been experiencing a lot of pain in her back. We know that the pain was coming from her lungs, due to the fact they continue to fill with fluid. Two days before Thanksgiving we took her to the emergency room because she could not breathe and the pain was excruciating. They did a scan and told her it

was not fluid however it could be that the cancer is getting worse, a pulled muscle or another tumor putting pressure on the lung. They did nothing for her & told her she would have to see what the results of the scan was on Monday. My son in-law gave her a bottle of [mangosteen juice] & told her to drink 2 oz. a day. 3 days later she had absolutely no more pain. Today she is out and about, went to breakfast with me and is feel great. I just had to sit down and share my excitement. 2 weeks and off all pain medication, great energy, color is good, and doing a lot of shopping and preparation for the holidays which I wasn't even sure I would see a few months ago). Now, here comes the real test of your product! I am a diabetic, take blood pressure medicines and I am 68 years old. I too, started taking the [Mangosteen juice]. I also have a toe that has had fungus on it for years. Today, that toe looks awesome. This is the part of my testimony that is personal and a bit wild. Because of my medication and diabetes, I haven't been able to have an erection for several years, this morning I woke up with an erection! This product is totally blowing our minds! I could not imagine a product that taste great could actually help in so many areas of our health. When he told me all of the benefits of the product I must say it sounded too good to be true. However, today you have made me a complete believer. Update: Two weeks have passed and I can make a tight fist, enjoy making love with my wife, my blood sugar is staying in control, I am walking much greater distances. I want to thank you all for sharing this product with my wife and me! We feel great and the only thing different we have done is added [mangosteen juice] to our diets! It tastes great and we feel awesome!
Willett A. C.

FIBROMYALGIA

My name is Cheryl Mitchell and my health has always been a struggle for me evn though I have pursed fitness and wellness through several different avenues. I have been a fitness trainer with an emphasis in neuromuscular re-education for over 30 years. You guessed it: Ive seen every diet fad and fitness program that was pushed for the last 3 decades.

Despite experience and knowledge, I could never overcome a feeling of chronic exhaustion which develop into chronic widespread pain as well. Yes, I had chronic fatigue with profound adrenal fatigue and fibromyalgia.

As you've probably heard, fibromyalgia has multiple symptoms as well as chronic pain. For several years, my stomach didn't work properly, my pancreatic enzymes were insufficient for proper function, and my liver was diagnosed as inflamed and too weakened to properly function. One of the most frustrating symptoms of fibromyalgia is what is called "brain fog", a condition that makes every day orderly takes almost impossible to accomplish. You just can't think it through.

I aggressively pursued wellness through many different natural healing options. I tried every super food that was recommended. I stayed away from drugs because of the problem with my liver and anything I tried that was in chemical form would cause many other problems.

Nothing worked for more than 6 months and then the symptoms would return; until Mangosteen juice!

I took the Mangosteen Juice for over 2 years with some small results that encouraged me to believe in the science behind the product. It just had to work because it had all the properties that would treat the root cause of my disorder.

By the end of year three I began to see such marked improvement in my pancreas and adrenal that my doctor took me off some herbal supplements he originally believed I would have to take for the rest of my life.

My naturopathic chiropractor tested the Mangosteen juice for its systemic strengthening. I love my Mangosteen juice.

-*Cheryl Mitchell*

FIBROMYALGIA, ACID REFLUX AND ASTHMA

I have fibromyalgia, acid reflex, and asthma. I'm very active, so for the most part I can keep my fibromyalgia under control with ibuprofen and an occasional pain pill in order to get a good nights sleep. I was able to control my acid

reflux by watching what I ate, since Prevacid became to expensive for me to afford. I also have an inhaler that I would need 4 puffs a day to allow for clear breathing.

Of course, with fibromyalgia comes chronic fatigue. I can't tell you how tired I would get mid-afternoon each da. However, after just the second day of drinking Mangosteen juice, I noticed increased energy. Iwasnt ready to doze off at the drop of a hate like normal. I do psychiatric transcription at home until noon then, I am sexton at the local cemetery. I work at the cemetery daily, doing very physical work such as hedge trimming and roto-tilling.

After just two weeks of drinking Mangosteen juice I was able to go for 3 to 4 mile runs with ease without stopping every mile to stretch my tightened and knotted muscles. After running, I could go to work at the cemetery for hours without hurting at all or running out of energy. It was amazing. I haven't had an excruciating backache in two weeks, which were daily. I'm down from around 2000 mg to 600 mg of ibuprofen daily for pain… and I've been able to reduce the use of my inhaler to 1 puff each morning.

-*Ginny Winter*

COMPOUND FRACTURE

Thank you, thank you, and thank you from the bottom of our hearts. Little did we know what an impact this Mangosteen Pericarp Oil would have on our lives.

On August 21,2008 Lyle was in gravel truck when he slipped and fell head first on the asphalt, breaking his wrist in 3 places. The bone went through the skin and would not stop bleeding. After 2 failed attempts to set the bones they decided he had to have surgery. They did this and put on the third cast within 12 hours.

After 5 days of excruciating pain we went to see a 3rd doctor. He took one look at it and immediately started cutting at the cast. He said 2 more days like that and his hand would have ruptured and would have lost it.

A major decision was made on August 28th to take the 3rd cast off. What a shock to see the infection that had taken place underneath. His 4th cast was put on and a window was cut in it to treat the infection daily at the doctors office.

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