DISCLAIMER

This website is for educational & informational purposes only and does not endorse or promote any commercial product and/or company. It is merely a website sharing individual's personal stories and some Mangosteen Fruit and Xanthone's research information found in the public domain. Mangosteen Juice is not a cure, miracle or drug; it is a simple food in the form of fruit juice. No info on this site is meant to guarantee or imply that you will receive any benefit from its consumption. Regarding Mangosteen, we simply say: "Try it - we think you'll like the results". Please be smart, do your homework and if you have a health challenge, be sure to always discuss it with a trained Medical practitioner.

KIDNEY – Dialysis

My mother is currently going to dialysis. She takes the juice 3 times a day and on dialysis days takes some midway through the treatment. It definitely helps her feel better after she's done. The last set of tests she had done, showed some improvement in kidney function. Not enough to stop dialysis yet, but the doctors were pleased to see that. So, we will continue and see what happens.
Annamarie

KIDNEY - Failure / BLOOD PRESSURE / DIABETES

My name is George and I live in Alberta, Canada. Born and raised in a small town in Ohio, my wife and I have been missionaries in Canada for almost 50 years. Because of my poor diet, I was faced with kidney dialysis at my next medical checkup. A family member told me about Mangosteen. I ordered it immediately and after listening to an info CD, I started taking a total of 9 oz. a day, 3 at each meal, because I knew the next time I saw the doctor if nothing had improved with my health, he was going to put me on dialysis. Fortunately, I had EXACTLY 6 weeks from the time I began drinking Mangosteen to my next doctor's visit. Sure, enough, when I got to the doctor's office, all the specially trained nurses, technicians and even the social worker were waiting for me as I walked through the door. I went through the last blood work examination before they were going to hook me up to that dreaded machine. When the doctor came in the room, he looked quite surprised and said, "I don't know what you are doing, but keep on doing it." That was almost a year ago as I began drinking Mangosteen in October of 2004, and it is now the last part of August 2005. I am so thankful to report that my insulin went from taking 60 units 2 times a day to 10 units 1 time a day and there are some days, I DO NOT NEED INSULIN AT ALL!! When the blood work came back so great, I reduced the amount to only 2 oz. in the morning. I am also off of one of my blood pressure medicines; thank you God for hearing my prayers and for sending me Mangosteen. In His grace,
George D. - Alberta, Canada.

KIDNEY - Failure / BLOOD PRESSURE / CHOLESTEROL /DIABETES / PARKINSONS / COPD / ANGINA / HEART - Congestive Heart Failure

This is my story about the Mangosteen fruit. I was 59 years old when I was released from a hospital at the end of October 2003 with some serious health problems. The doctors had told me that I had Parkinsonism, rapid eye movement disorder associated with Parkinsonism, congestive heart failure, high blood pressure, high cholesterol, diabetes, COPD (Chronic Obstructive Pulmonary Disease), angina, and kidney problems. I was sent home on four liters of oxygen and a suit case full of drugs. These are medications that I was on: Atenolol 25mg, Candesartan Cilexetil 16mg, Nitroglycerin 0.4mg tab., Nitrogycerin 0.4mg/hr. patch, Lovastatin 20mg, Carbidopa 25/Levodopa 250mg, Entacone 200mg, Clonazepam 1mg, Hydrochlorothiazide 25mg, Glyburide 8mg, Albuterol 90mcg., Advair 500mg. Foradil Aerolizer, Albuterol Sulfate. I would wake up every morning and walk from my bedroom to the couch, a distance of about 30 feet. I literally fell to the couch because I was completely out of breath. My skin color was turning to an ashen color and the skin under my finger nails was dark blue. A friend came over to see me and brought me a case of Mangosteen juice. He told me to take it and said that it might help me. He was telling me all the helpful things that this product would or could do. I was very skeptical at first how could a fruit have so much healing power & work on all the organs in the body at the same time. I asked my doctors about it and they never heard of the fruit. They told me that it would not hurt me to try. I started taking three ounces three times a day and was hoping for an instant cure. It did not happen! I did not feel anything at all until I had finished my third bottle. I noticed that I was sleeping the whole night through and that a little energy was coming back. I could walk from the bedroom to the couch and was not huffing and puffing. After a month on [mangosteen juice], my blood sugar was back down into the 140-150s which was not bad since a month before it was in the 300s. My blood pressure was dropping from 180/90 to 120/70 and my tremors had stopped! I was also checking my oxygen absorption and noticed that it increasing which is a good thing. I would be getting readings of 88-89 at rest & when I moved around the level dropped to 80-81 before any Mangosteen juice. At the end of a month on [mangosteen juice], my readings were 94-95% at rest & moving the level stayed the same! I began cutting back on all my medication gradually and was taking readings from all my machines. I noticed that when I was cutting back on my medications that I was feeling less and less fatigued. By Christmas time, I was off ALL my medication and oxygen and I had reduced my [mangosteen juice] to only two ounces three times a day. I am still taking Two ounces three times a day. To me this is a miracle fruit and I tell everybody about it. I will be glad to talk to anybody about this product.
Jerry S. - Lacey, WA

KIDNEY - Transplant / DIABETES / LEG CRAMPS / ULCERS / CIRCULATION*

My name is Tom, I received a Kidney transplant 8/1/99. I have been drinking [Mangosteen-Juice] for just over 2 yrs. & my Creatine level has stayed at 1.2 or lower & I have felt great. I have been a type 1 diabetic for over 40 yrs. the ulcers around my feet & ankle areas used to take up to & over 6 months to heal. Now their healed up in 4 to 6 weeks. The circulation in my legs has gotten much better. I used to walk a half mile & have to stop twice & rest & had bad cramps. Now I can walk 4 miles with 3 rest stops & no cramps. I can only drink 1 once a day do

to my transplant. I wish I could drink 3 ounces. God bless,
Tom

KIDNEY - Peripheral Neuropathy (Potential Dialysis) / DIABETES / CHOLESTEROL

During a routine physical examination given last April by my Dr. in Edmond, Oklahoma, it was discovered through a lab report that I was developing a kidney problem. I was immediately referred to Dr., a Nephrologist, who after thorough testing found that I was developing a serious problem in my creative level. I was given various prescription medicines to take in an effort to thwart the worsening of this condition. I am 70 years old and a Type II Diabetic and it was felt by my Dr. that these were the two main factors for my kidney deterioration. The creative level continued to get worse and it reached the point where my Dr., with the concurrence of Dr. (Nephrologist), had me take home two videos on kidney dialysis in an effort to mentally prepare me for going through this invasive procedure. After viewing the videos with my wife, I went the next day to the local Dialysis treatment center that is not far from my home. I had a tour of the facility with the Director and found that I could adjust to the regimen of having to go to three hours per session three times per week. I was resigned to my fate as; after all, "Modern Medicine" certainly could not be wrong after all the testing that I had gone through to qualify to be a dialysis patient. I was also informed by my doctor as to how to start the procedure for a kidney transplant if it became necessary. It was certainly somewhat of an emotional ordeal to go through, particularly with the further adverse consequences it might have for my caring and loving wife. She had been through so much when my left leg was amputated five years ago that I hated to think about her going through more trauma due to my further physical decline. I also have had the condition of peripheral neuropathy for a little over four years, which was a result of my onset diabetes. I was fortunate in that I had the kind that made my legs and lower limbs become numb and did not have terrible sharp pains that so many people go through who have this disease. The doctors could do nothing for me and said I should get as much exercise as I could to maintain circulation. Being an amputee the only hard physical aerobic exercise that I could get was swimming. So, I enrolled in a vigorous water aerobics program that meets 3 days/ wk. at Univ. of Oklahoma Med. School. About three weeks ago my wife had an old girlfriend that told her that I should be taking this new product called Mangosteen. I started taking 2 ounces, twice a day with my morning and evening meals. Within about four days I began to start noticing astounding results. My numbness started to go away and when I visited my acupuncturist later in the week, I received the needles and for the first time received sharp pains in my legs! The acupuncturist, Dr., was very excited as this is the result he was searching for, was for me to receive pain! About two weeks after starting the Mangosteen I went for my appointment with my Dr. who reviewed my current lab reports and found that all kidney indicators, including the creatine level, were completely normal. She couldn't understand how this happened and when I explained to her about Mangosteen she couldn't understand it and just told me to continue to do whatever I was doing and not change a thing. So, the acupuncture along with the Mangosteen might have made a difference in solving my problem of peripheral neuropathy. But, I absolutely know that the Mangosteen was the key factor that got my kidneys back to normal. I should also mention that besides the aerobic swimming I get massage treatments about once a week that certainly helps in

improving my overall health. Also, as a result of taking Mangosteen, I no longer have to take Lipitor, as my cholesterol level is normal with both the HDL and the LDL levels within the proper parameters for my age. Mangosteen, I thank you! Thanks for taking me from almost certainly going into lifelong dialysis into a land of vibrant health and vitality for a 70-year-old Great-Grandfather who now has a lot more to live for in the future.
Carl B. – OK

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