DISCLAIMER

This website is for educational & informational purposes only and does not endorse or promote any commercial product and/or company. It is merely a website sharing individual's personal stories and some Mangosteen Fruit and Xanthone's research information found in the public domain. Mangosteen Juice is not a cure, miracle or drug; it is a simple food in the form of fruit juice. No info on this site is meant to guarantee or imply that you will receive any benefit from its consumption. Regarding Mangosteen, we simply say: "Try it - we think you'll like the results". Please be smart, do your homework and if you have a health challenge, be sure to always discuss it with a trained Medical practitioner.

LEG ULCERS - VENOUS / BLOOD PRESSURE

I've been a hairstylist and salon owner for about 30 years and as a result of standing on my feet for extended periods of time (and some hereditary factors), I have severe varicose veins. About 3 years ago I developed venous ulcers in/on my ankle, which are large deep wounds due to poor return circulation -- the blood pools in my ankle and causes ulcers from the inside -- out. I have worked with many doctors and specialists, gone to a Wound Care Clinic, wrapped my leg with a lot of compression bandages and sponges, and worn the strongest support hose available. I'd only ever get them partially healed, then a busy time in the shop would just make them flare up again. I was told by more than one vascular surgeon that surgery was the only remaining option so I started the proceedings to get the surgery done in March of 2004. I waited 7 months to get insurance company approval but only after sending pictures to prove it was not cosmetic. I even had to sign a release form which stated the surgery wouldn't guarantee anything. On top of all this, for years I had been dealing with high blood pressure and severe allergies. I was taking Lotensin 20mg and a diuretic still having problems keeping my BP under 140/98 ... sometimes higher. I was introduced to Mangosteen juice in October, 2004 by an old classmate I hadn't spoken to in 30 years (God Bless Him)!!! After 10 days, my blood pressure had dropped to 110/75 ... as for my ankle ... "A picture speaks 1000 words" ... I was glad I'd taken pictures for the insurance company. The infection and gout had been totally drawn out and my ankle was almost a normal color for the first time in 3 years I was drying out the Mangosteen juice into a paste and using it topically as well as drinking 3-4 ounces. a day. After 6 weeks, my ankle was totally healed on both sides and I hardly even have a scar. I believe in Mangosteen juice. After consulting my doctor, I'm only taking 10mg's of my blood pressure medication and my BP is averaging 105/75. My allergies this fall were non-existent, no cold, nor flu, not even a sniffle. I have loved my career as a hairstylist ... it's been extremely gratifying to help people look and feel better every day. But sadly ... because of my legs, I found myself searching for another career. Thanks to Mangosteen juice, I now have a choice ... it has changed my life and the lives of the people I love and care deeply about.
Brenda L. – Arizona

LIVER - Autoimmune / PRIMARY BILIARY CIRRHOSIS

My name is Dolores. I have an autoimmune disease of the liver called Primary Biliary Cirrhosis (PBC).... nothing to do with drinking alcohol.... I've been drinking mangosteen for about two months and I just feel better all over. I'll be going in August for my testing and let you know if my numbers have improved. Something called AMA is high and that determines the PBC. All my liver numbers are up and with medication (Urso Forte - very expensive) they have come down. There is no cure for this disease. If it progresses after some years, I would need a transplant. The Urso Forte is supposed to keep it from progressing, which it has done for 3 years. It may never get any worse. I am anxious to see the test results after using this wonder mangosteen!!!
Dolores V.

LOU GEHRIGS DISEASE – ALS

My husband has been on [Mangosteen-Juice] for close to four months now and has Bulbar ALS. After he was on the juice for about a week, he noticed a dramatic change in his muscle cramps, his facilitations and he was able to drink normal instead of through a straw. His fatigue was cut in half and went from sleeping most of the day, to no naps at

all. We have gone on and off the juice over four times simply because we couldn't believe it was the [Mangosteen-Juice] that made the difference but every time he went off, his health was noticeably worse. So, we are on for good now. We don't see [Mangosteen-Juice] as a cure, simply a much better quality of life.
Trish W.

LUPUS

My name is Jeremiah; I am 27 years old and married with two boys. At the age of 12 I was diagnosed with Lupus, an illness that weakens the immune system. At the age of 21, and just newly married, I became very familiar with what Lupus can actually do. At first I began to feel moderate aches in my fingers and toes that would not go away. In 3 months, I was not able to get out of bed because of the extreme pain in every joint and muscle of my body. My new wife had to care not just for me and our son, but also provide for our expenses. Two months later I was admitted to the hospital for a severe Lupus flare up, Pneumonia, and Pericarditis. I was put on Prednisone, Ibuprofen, Vicodin, Protonix, and Ultram. The next 4 years would be a war, not just with my body, but with my depression, the doctors and our growing financial problems. In January, 2005 my second son was born, with a father that could not hold him much the same as my first son was born to a father who could not play with him or talk to him, because of the severe pain. After finding a different Doctor, (one who would actually listen) I was put on a different steroid, Imuran and Nexium for all the damage done to my stomach due to the use of the steroids. When I finally did get back on my feet, I visited my Chiropractor and heard of Mangosteen. Within a week of trying the juice I stopped having extreme fatigue, the dizzy spells, and the pains I had lived with for years. This juice has helped me to reach places I never thought I'd be able to reach. I now feel much better physically than I have felt in the last 5 years of m ordeal. Thanks to diet, exercise and Mangosteen.
Jeremiah G.

LUPUS / AUTOIMMUNE / RHEUMATIC DISEASES / MYALGIA / IBS

Lupus is of the Rheumatic Diseases family. Inflammation throughout the entire body is not rare. The inflammation is quite painful causing a flood of other complications. Normally the immune system (the body's defense system) protects the body from infection and foreign substances such as bacteria and viruses. With Lupus ~ the immune system triggers an inflammatory response when there are no foreign substances to fight off. The inflammatory response causes the bodies white blood cells to attack and destroy the body itself. I've been plagued for over 30 years with: Anklyosing Spondilitis, Fibromyalgia / Myofacial Pain Syndrome, Hashimoto's Disease, Shjogrens Syndrome, I.B.S. Just to name a few..... along with the side effects from each of these. I'm so very thankful that my sister Valenda Bartosh introduced me to the MANGOSTEEN FRUIT. The inflammation throughout my body has calmed down. The meds I was on I've been able to cut from 7 prescriptions to 3. I want to keep the inflammation down. Your immune system up. If you have any, I would love to hear from you. After the first 24 hrs. Consuming 2 ~ 4oz. of MANGOSTEEN JUICE that was Feb. 4, 2004 my husband and I had finished our dinner and completed our Bible Readings and discussed the day's accomplishments. We went in to watch the news ~ an hour later while lying down watching the news together I reached over and touched my husband's arm and said "Jim!!! I have no pain...!"; I again repeated myself... Louder though... I rolled off the bed stood up and said AGAIN!!!!!!!!!! I have no pain.....I walked to the foot of our bed and started to cry.... FOR THE FIRST TIME IN SO VERY MANY YEARS...I HAD NO PAIN Please keep in mind, No pain between doses of pain killers.... One of which WAS ~ Methadone. I was prescribed 6 methadone a day. From that day forward I called my sister inquiring how can we obtain more juice? My hubby signed up A.S.A.P. Oh, as of 2-5-04 went from 2 methadone every 8 hrs., to ZERO on the 22nd of February. I must reassure you that this is my testimony and I am so very thankful for the opportunity to share it with you and to anyone who would inquire. Happy to be alive again....
Shan G.

LUPUS / FIBROMYALGIA

I am 35 years old and the mother of two beautiful children, ages 9 and 11. At age 12, I was diagnosed w/ scoliosis, at which time I was put into one of those awful body braces, which I wore for 2.5 years, which did not help. As a result, at age 18 I had corrective surgery, an extensive spinal fusion. Since then I have had minimal back pain until a recent injury resulting from a fall. At age 20 I was diagnosed w/ Endometriosis, which was said to have been the cause of my difficult and very painful menstrual cycles, which would often put me in bed for several days. At age 21 I had my first medical procedure to deal w/ the Endometriosis. At no point was I given any natural alternatives. By

the time I was 28 I had had 5 of these surgeries and at 30 I had a complete hysterectomy. At approx. age 25, after several years of dealing with chronic pain, fatigue & various other symptoms, I was diagnosed with Fibromyalgia and thus the meds began. Approximately 5 years ago. I began also having chronic inflammation and joint & muscle pain, which 3 years ago was diagnosed as what they called Unspecified Profuse Connective Tissue Disorder, which they believe to be and are treating as Lupus. I have also been diagnosed with Arthritis, a similar condition, but different "they" tell me. Over the past several years the doctors have had my body inundated with a myriad of prescription medications, some of which are very scary, all in the name of treating the myriad of symptoms associated with the above conditions, though none offering complete results and some bringing other unpleasant side effects. Below is the current list of meds my various doctors have me on. This does not include the rounds of prednisone, cortisone & other steroid injections, or the many other treatments that were tried and failed to produce any positive results. Premarin, Plaquinil, Methotrexate (a known cancer drug), Folic Acid (to replace what the methotrexate strips), Naproxin, Celexa, Skelaxin, Diazapam, Ultracet, Percoset, Ambien & Ritilan. As you can imagine all the above is very overwhelming, painful and exhausting ...not to mention expensive! Needless to say, my body is being inundated with toxins to make me better & I still feel lousy! I know this can't possibly be good for my body & I am seriously concerned about the long-term effect of these drugs in my system. This is at 35, I'm concerned what 50+ is going to look like...if all these drugs allow my body to make it that long. Most importantly, all the above merely masks the symptoms and does nothing to address cause of the problem. About a year ago my Brother told me about Mangosteen. At the time, I wasn't open to alternative ways of dealing with my health and thought I needed to trust the doctors. Six weeks ago, a friend asked me what my biggest fear was, my response…short-term, my health robbing me and my children of time together, long term …my health taking me away from my kids and other family entirely. A few days later my kids and I were discussing fear and each we each shared what we were most afraid of. My 11 year olds son's biggest fear was of my health taking me away from he and his Sister! I decided at this point I'd had enough and was tired of my health difficulties robbing me of my time with my children and enjoying a healthy life. After another year of pain, time and expenses and most importantly loss of quality time with my children I became convinced there had to be other, healthy ways to address my health issues. About the same time my brother brought me another case of Mangosteen juice! I decided I had nothing to lose and began taking Mangosteen religiously, but skeptically, somewhat afraid to get my hopes up, but praying to see positive results. To my amazement, after about 5 days, I started noticing improvement of my symptoms and diminished pain. After my second week, I started to feel normal, or at least what I imagine it is, I don't have much to compare that to! All I know is that not only do I feel unbelievably better, but also I have experienced a drastic decrease in all of my symptoms, including the need for my pain medication and various others. At this time, I am in the process of weaning off of several of my prescription medications and have been nearly a month without the need of pain medication! Additionally, last Friday morning I ran out of the juice. Earlier in the week someone asked me how I knew for sure I was feeling better because of the Mangosteen and not some other reason. So, I decided to do a little experiment and instead of getting more product and go the weekend without any. By late Saturday afternoon I was starting to feel stiffness in my joints, sore muscles, pain, and most unpleasantly the beginning of the mouth and nose ulcers that go along with my Lupus. I couldn't wait to get my hands on a new bottle of Mangosteen the following Monday morning! No question, I'm convinced Mangosteen juice is an amazing product! I have already had so many opportunities to share with others through my personal experiences and am so excited to do so in the future. Thankfully, thanks to Mangosteen, I know there's hope of a healthier future, not only for me, but so many others whose lives have had time stolen from them because of health issues. I am more than willing to give up my little blue parking placard!
Denise W.

LUPUS / FIBROMYALGIA

I have Lupus and Fibromyalgia. I have mild symptoms and do not need medication. I do get very fatigued and have joint and muscle pain. Since I have been drinking the mangosteen juice I have had more energy and stamina, sleep better, my head/mind feels clear not cloudy, I am not stressed out all the time, my memory is back, and one other great benefit is I am not craving sweets.
Lauri

LACERRATIONS AND OPEN WOUNDS

While vacationing in Cancun Mexico with his lovely wife, Mark's fun times, as you will soon see, came to an abrupt and excruciatingly painful halt. Mark was leaning against a metal railing near the water's edge, when the railing gave way, when that happened, Mark fell head first from a height of 12 feet straight into a submerged coral reef.

Fortunately for Mark, his other two traveling companions were medical professionals and were able to come to his immediate aide. After having his wounds stitched up, Mark and his wife were able to come to his immediate aide. After having his wounds stitched up, Mark and his wife were on their way back home to Las Vegas. Upon arriving home, Mark immediately began drinking Mangosteen juice at the rate of 12 ounces per day.

His wife, who changed the bandages and dressing daily, stated that Mark was actually healing so rapidly at a cellular level that it was like looking at someone who had visited a plastic surgeon.

Mark's recover in only 7 days is a testament to the effectiveness of the medicinal benefits of this marvelous fruit known as the Mangosteen. And, although his long planned vacation was cut short by twelve days, it's safe to say that drinking Mangosteen juice "Saved the Day" for Mark.

-*Mark Hill*

LUPUS FIBRMYALGIA

I am 35 years old and the mother of two beautiful children, age 9 and 11. At age 12, I was diagnosed with scoliosis, at which time I was put into one of those awful body braces, which I wore for 2.5 years, which did not help. As a result, at age 18 I had corrective surgery, and extensive spinal fusion. Since then I have had minimal back pain until a recent injury resulting from a fall. At age 20 I was diagnosed with Endometriosis, which was said to have been the cause of my difficult and very painful menstrual cycles, which would often put me in bed for several days. At age 21 I had my first medical procedure to deal with the Endometriosis. At no point was I given any natural alternatives. By the time I was 28 I had had 5 of these surgeries and at 30 I had a complete hysterectomy. At approx. age 25, after several years of dealing with chronic pain, Fatigue and Various other symptoms, I was diagnosed with Fibromyalgia and thus meds began. Approximately, 5 years ago. I began also having chronic inflammation and joint and muscle pain, which 3 years ago was diagnosed as what they called Unspecified Profuse Connective Tissue Disorder, which they believe to be and are treating as Lupus. I have also been diagnosed with Arthritis, a similar condition, but different "they" tell me. Over the past several years the doctors have had my body inundated with a myriad of prescription medications, some of which are very scary, all in the name of treating the myriad of symptoms associated with the above conditions, though none offering complete results and some bringing other unpleasant side effects.

Below is the current list of meds my various doctors have me on. This does not include the rounds of prednisone, cortisone and other steroid injections, or the many other treatments that were tired and failed to produce any positive results.
Premarin, Plaquinil, Methotrexate (a known cancer drug), Folic Acid (to replace what the methotrexate strips), Naproxin, Celexa, Skelaxin, Diazapam, Ultracet, Percoset, Ambien and Ritilan.

As you can imagine all the above is very overwhelming, painful and exhausting. not to mention expensive! Needless to say, my body is being inundated with toxins to make me better and I still feel lousy! I know this can't possibly be good for my body and I am seriously concerned about the long-term effect of these drugs in my system. This is at 35, I'm concerned what 50+ is going to look like…If all these drugs allow my body to make it that long. Most importantly, all the above merely masks the symptoms and does nothing to address cause of the problem.

About a year ago my Brother told me about Mangosteen. At the time I wasn't open to alternative ways of dealing with my health and thought I needed to trust the doctors. Six weeks ago, a friend asked me what my biggest fear was, my response…short-term, my health robbing me and my children of time tighter, longer term… my health taking me away from my kids and other family entirely. A few days later my kids and I were having a discussion about fear and each we each shared what we were most afraid of. My 11 year olds son's biggest fear was of my health taking me away from her and his sister! I decided at this point I'd had enough and was tired of my health difficulties robbing me of my time with my children and enjoying a healthy life. After another year of pain, time and

expenses and most importantly loss of quality time with my children I became convinced there had to be other, health ways to address my health issues.

About the same time my brother brought me another case of mangosteen juice! I decided I had nothing to lose and began taking Mangosteen religiously, but skeptically somewhat afraid to get my hopes up, but praying to see positive results. To my amazement, after about 5 days, I started noticing improvement pf my symptoms and diminished pain. After my second week I started it feel normal, or at least what I imagine it is, I don't have much to compare that to! All I know is that not only do I feel unbelievably better, but also, I have experienced a drastic decrease in all of my symptoms, including the need for my pain medication and various others. At this time, I am in the process of weaning off of several of my prescription medications and have been nearly a month without the need of pain medication!

Additionally, last Friday morning I ran out of the juice. Earlier in the week someone asked me how I knew for sure I was feeling better because of the Mangosteen and not some other reason. So, I decided to do a little experiment and instead of getting more product and go the weekend without any. By late Saturday afternoon I was starting to feel stiffness in my joints, sore muscles, pain, and most unpleasantly the beginning of the mouth and nose ulcers that go along with my lupus. I couldn't wait to get my hands on a new bottle of Mangosteen the following Monday morning!

No question, I'm convinced Mangosteen Juice is an amazing product! I have already had so many opportunities to share with others through my personal experiences and am so excited to do so I the future. Thankfully, thanks mangosteen, I know there's hope of healthier future, Thankfully, thanks to Mangosteen, I know there's hope of a healthier future, not only for me, but so many others whose lives have had time stolen from them because of health issues. I am more than willing to give up my blues parking placard!
Kindest Regards, Denise Warner

LUPUS/ AUTOIMMUNE/RHEUMATIC DISEASES/ MYALGIA/I.B.S.

Lupus is of the Rheumatic Diseases family. Inflammation throughout the entire body is not rare. The inflammation is quite painful causing a flood of other complication. Normally the immune system (the body's defense system) protects the body from infection and foreign substances such as bacteria and viruses. With Lupus – the immune system triggers an inflammatory response when there is no foreign substance to fight off. The inflammatory response causes the bodies white blood cells to attack and destroy the body itself.

I've been plagued for over 30 years with: Anklyosing Spondilitis, Fibromyalgia/ Myofacial Pain Syndrome, Hashimoto's Disease, Shjogrens Syndrome, I.B.S. Just to name a few…along with the side effects from each of these. I'm so very thankful that my sister Calenda Bartosh introduced me to the Mangosteen Fruit. The inflammation throughout my body has calmed down. The meds I was on I've been able to cut from 7 prescriptions to 3. I want to keep the inflammation down. Your immune system up. If you have any, I would love to hear from you.

After the first 24 hours consuming 2 to 4 ounces of Mangosteen Juice that was February 4th, 2004 my husband and I had finished out dinner and completed our Bible Readings and discussed the day's accomplishments. We went in to watch the news and hour later while lying down watching the new together I reach over and touch my husband's arm and said "Jim!! I have no pain…!"; I again repeated myself…Louder though…I rolled off the bed stood up and said AGAIN!! I have no pain…I walked to the foot of our bed and started to cry…

FOR THE FIRST TIME IN SO VERY MANY YEARS…I HAD NO PAIN

Please keep in mind. No pain between does of pain killers…One of which WAS Methadone. I was prescribed 6 methadone a day. From that day forward I called my sister inquiring how can we obtain more juice? My hubby signed up A.S.A.P. Oh, as of 2-05-2004 went from 2 methadone every 8 hours, to ZERO on the 22nd of February. I must reassure you that this is my testimony and I am so very thankful for the opportunity to share it with you and to anyone who would inquire.
Happy to be alive again…

DISCLAIMER

This website is for educational & informational purposes only and does not endorse or promote any commercial product and/or company. It is merely a website sharing individual's personal stories and some Mangosteen Fruit and Xanthone's research information found in the public domain. Mangosteen Juice is not a cure, miracle or drug; it is a simple food in the form of fruit juice. No info on this site is meant to guarantee or imply that you will receive any benefit from its consumption. Regarding Mangosteen, we simply say: "Try it - we think you'll like the results". Please be smart, do your homework and if you have a health challenge, be sure to always discuss it with a trained Medical practitioner.